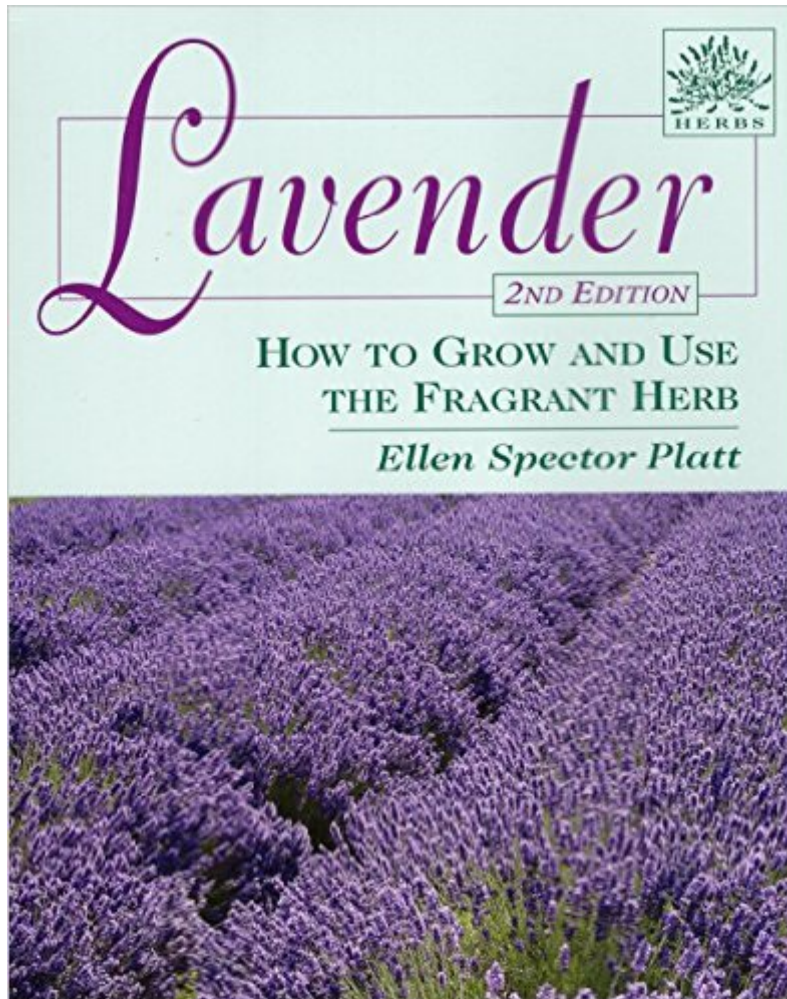


The book was found

Lavender: How To Grow And Use The Fragrant Herb (Herbs (Stackpole Books))



Synopsis

New full-color photos
Growing and using in the garden
Instructions for a variety of crafts and potpourris plus recipes for entrees, sides, and pastries
The leaves, stems, buds, and flowers of lavender are valuable for a variety of uses. This revised and updated edition of the best-selling guidebook gives instructions for growing and harvesting the popular aromatic herb, with ideas for using it in the garden landscape, in crafts, and in recipes. Projects are included for making potpourris, wreaths, garlands, arrangements, and even lavender-spiced chicken, halibut, potato salad, madeleines, and bread. An added section on festivals and farms offers travel opportunities for those who want to experience lavender culture. A full list of sources completes this definitive book.

Book Information

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Average Customer Review: 4.3 out of 5 stars [See all reviews](#) (22 customer reviews)

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Customer Reviews

Nature's beauty challenges our ability to describe in mere words or even in photographs. Ellen Spector Platt's new edition of *Lavender - How To Grow And Use The Fragrant Herb* (Stackpole Books 2009) meets this challenge and then some. The book, 145 pages, contains photographs of lavender fields, garden paths, wreaths and more images. The beauty of lavender dazzles us; however this book invites us to discover more about this plant. Platt's book describes its history from ancient times when Roman soldiers used the herb to perfume their bath water to now when lavender is celebrated in festivals around the world. Platt provides useful advice about growing

lavender. Full sun is a must for this plant. Good drainage and alkaline soil are also preferred. For harvesting Platt offer tips for cutting, drying and using lavender making it easy to enjoy its beauty even after summer is over. Farms and festivals offer visitors opportunities to "observe essential oil being distilled from the harvest; hear the banjo picker, the country trio, the six-string electric violin, or the Celtic fiddle." Once again Platt speaks to all our senses and invites us to appreciate lavender for its beauty, fragrance, usefulness and its taste. She provides a list of festivals so you can discover the experience of lavender yourself. Taste, my favorite part, is now coming into its own in America. In France, lavender has been a favorite in the kitchen for a long time. Platt shares recipes for Poached Apples, Aromatic Chicken and instructions for serving Edible Flowers. I am pleased to have contributed one of my special recipes - Roasted Halibut a la Provence. If you are intrigued with Lavender, this book will help you discover its array of attributes.

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